

Our 'Big Idea': Starry Nights

I am going to find out about the differences in the world at night compared to the world in the day.
Then I am going to discover what happens in the world whilst I am asleep.

Do you know?



We live on a planet called Earth. It gets dark at night because our part of Earth is facing away from the Sun.



At night time it is dark. Most people sleep at night time.



It is important to get a good night's sleep every night.



Some people work at night, like members of the emergency services.



Some animals sleep in the day and are awake at night. They are known as nocturnal animals.



Bats, owls, foxes and badgers are nocturnal animals.

Enquiry Questions

Why is it light in the day and dark at night?

What can you see in the night sky?

What can you see in the day sky?

Where does the sun go?

What do we do in the daytime?

What do we do at night-time?

Why do we need to have a good night's sleep?

Does everyone sleep at night?

Do all animals sleep at night?

Which animals are nocturnal?

Key Vocabulary



night time



daytime



Earth



Moon



stars



planet



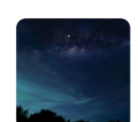
Sun



bedtime



light



dark



sleep



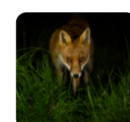
emergency services



nocturnal



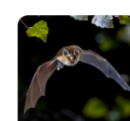
owl



fox



badger



bat

After exploring all of these enquiry questions I will be able to

Tell you that night follows day.

Tell you that night is dark because the sun has gone to shine on another part of the world.

Tell you that in the night sky you can see stars and the moon. If you look through a telescope you can also see planets.

Tell you that in the day sky you can still sometimes see the moon, but you can also see the sun, clouds and sometimes even a rainbow.

Compare the activities I do in the daytime with the activities I do when it is night-time.

Tell you that a good night's sleep involves having a good bedtime routine such as having a bath and cleaning my teeth, reading a bedtime story, going to bed at a sensible time and sleeping all through the night.

Tell you that it is important to have a good night's sleep to stay healthy and not get too tired.

Tell you about the people who don't go to sleep at night such as emergency workers and why they stay awake at night and sleep in the day.

Tell you the names of some nocturnal animals that like to come out at night when it is quieter and easier to hide in the dark.