

'Keydale' News

Friday 27th March 2020



Dear Parents and Carers,

Welcome to the **Keydale News** – whilst the schools are closed, and we are working from one site together we will issue a regular newsletter to try and keep you up to date with what's happening in school and to hopefully try and help support those of you at home!

Each class from both schools still has their blog pages where information for your child's class will be shared; please ensure you subscribe to this by clicking the link at the top of the page. If you aren't receiving notifications of blog entries, please check that you are subscribed to the blog page or speak to your child's class teacher; this is an important way to stay up-to-date with what your child weekly writing tasks as well as additional resources for learning at home as well as sharing other important information to you.

Best Wishes,

Mr. Cresswell & the KPNS and Crossdale Teams

The power of positivity!

Keyworth has once again shown its amazing community spirit by sharing colourful rainbows as a message of hope in their windows.

Spotting these rainbows on your daily walk/run/scoot/bike rides will hopefully put a smile on your face during these uncertain times.

Children of Key Workers from KPNS and Crossdale who have been in school this week have helped to make a rainbow which is displayed on the gate at Crossdale Primary School – hopefully this will bring a little cheer to you all next time you pass the school gates!



Do what you can!

School has been closed for a week now and expectations of what we should be doing with our children at home can create undue pressure at what is already a very different and stressful time for everyone. Here is hopefully a simple list of things to try and include each day but, our overriding message to all our children and parents is to stay safe and just do what you can!

Each day aim to...

- **Read** for 15 mins
- Do some **Maths** (Doodlemaths/TTRS/MyMaths / <https://whiterosemaths.com/homelearning/> /practice counting or timestables / watch Number Blocks or Number Jacks)
- Do some **English** (handwriting/ comprehension / reading eggs / spelling / phonics YouTube Set 2 Speed Sounds or Set 3 Speed sounds / writing task from the blog)
- **Get active!**
- **Have some fun!** Sing, dance, chat, facetime with your friends or family, play board games, set challenges.

You can now also send any questions/queries to the new class email address for your child's class teacher (details on the blog). The email address can be found on the class blogs. When using the class emails, please:

- Allow teachers up to 48 hours to reply. Don't forget that some teachers are still in school or, if at home, potentially looking after young children and other family members.
- Ensure the email comes from your, and not your child's, email and that you have seen the email before it is sent. We hope the class email accounts will support you with the home schooling tasks we are setting for your children.

Forgotten or Lost a password?

Email us at password@crossdaleschool.com or contact@keyworth.notts.sch.uk and we will try to reset their password(s).

Coping with self-isolation and managing behaviour at home

Keep it the same... as it's becoming different. In times like these, it's very easy to change the routines, change your general rules about screen time, bedtime, bath time, wake time, snacks or whatever else. Keep a similar schedule from day-to-day and make sure your child gets dressed. Set a wake-up time, a time for lunch, screen time and bedtime. If you can, try to mimic your child's school day by having periods of time during which certain activities will take place. This will help reduce stress and uncertainty. **A few tips from the teachers...**

- **Plan regular breaks and pick your battles.** If they struggle with an activity do some of it with them so it doesn't become a battleground. Make it sound fun and interesting.
- **Read every day** – alone, to each other, together, however!
- Make time for **active play** and **keep an eye on media time.** Whenever possible, play video games or go online with your child keeping that time structured and limited. If kids are missing their school friends or other family, try video chats to stay in touch.
- Find **time to talk** to one another and be kind to each other, it's a tough time for us all.
- Set some **'House Rules'**, if you feel this would help! (Work with your child/ren to draw up some simple rules and expectations for this time. Draw them up as a family so they feel involved.
- Go for the positive and link them to your reward chart. Display them. Your child could design the poster themselves. Be consistent and fair. Make sure you give warnings and choices.)
- **Have fun** – find joy and laughter where you can – it'll keep us all going!