It is now time for your child's yearly flu nasal spray!

The free seasonal flu spray is offered to all children and young people in:

Primary School Years: Foundation 2 Year 1 Year 2 Year 3 Year 4 Year 5 Year 6

Even if your child received this last year it is recommended, they have it again this year or they won't be protected. With COVID-19 in circulation it is more important than ever to reduce the number of those becoming ill with flu this winter to help protect them and the NHS.

What do you need to do?

You **must** complete **one** online consent form for **each** of your children.

It is important every child has a completed form which states if you would like them to receive the flu vaccination spray **or not**.

The online consent form can be found through this link or the QR code:

SCAN ME

https://www.nottinghamshireimmunisations.co.uk/Forms/Flu

Visit date: 15 December **School code: NG143298**

If you decide you want to withdraw consent you must email sais@nottshc.nhs.uk **at least 24 hours before your schools session.**

The nasal spray may not be suitable for some children, for more information visit www.nhs.uk/child-flu

Please note: If any of the following happen **after** completing this form you must contact the School Aged Immunisation Service: if your child becomes wheezy, has a bad attack of asthma, has started steroid tablets for asthma or has had this vaccination anywhere else.

How will the vaccination be given to your child?

We are a team of skilled and experienced nurses and support staff. The flu vaccination is a quick and simple spray up the nose.

Step one: The nurse places the tip of a thin plastic tube just inside the nostril. The child can breathe normally whilst the vaccine is given.
Step two: Half of the vaccine is sprayed in one nostril.
Step three: The other half of the vaccine is sprayed into the other nostril.



If you have any questions or need support to complete the consent form, please contact our friendly team:

07920182032 **sais@nottshc.nhs.uk**

Making a Difference
Trust Honesty Respect Compassion Teamwork

Autumn 2021