



Our 'Big Idea': Ready, Steady, Grow!

I will find out where food comes from and what plants and animals need to grow and survive. I will find out why it is important to keep our bodies healthy and what constitutes a healthy lifestyle.

Do you know?



Food can be from plants or animals. Fruit and vegetables are from plants. Meat, milk and eggs are from animals.



A farm is an area of land and its buildings used for growing plants and rearing animals. Farms make lots of the foods that we eat.



Many plants grow from seeds. Plants need water, sunlight, air and warmth to grow.



Many animal babies are known by different names than the adult animal, such as cow and calf or sheep and lamb.



To stay healthy, we should eat at least five portions of fruit and vegetables a day, and exercise.

Enquiry Questions

What do plants need to grow?

How do we keep our bodies fit and healthy?

What food is good for us and keeps us healthy?

Where does our food come from?

What does 'fresh' food mean?

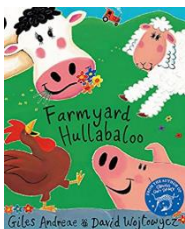
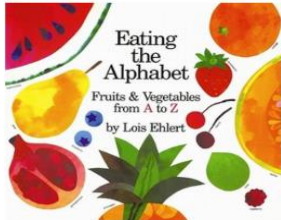
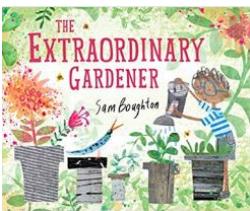
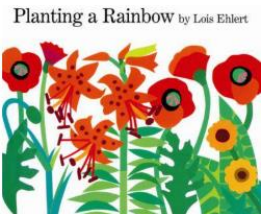
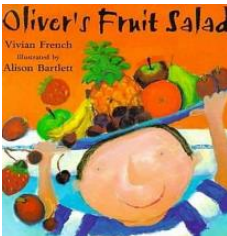
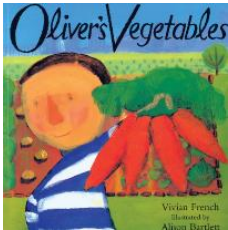
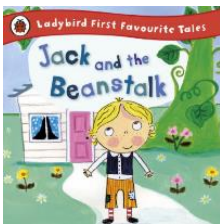
What is a farm?

Which animals live on a farm?

What are baby farm animals called?

What is wheat used for?

Some of the key texts that we will be sharing:



Key Vocabulary



air



animal



eat



exercise



healthy



lamb



sheep



shop



calf



cow



farm



food



money



plant



sunlight



warmth

