

Swimming Lessons

Social Story

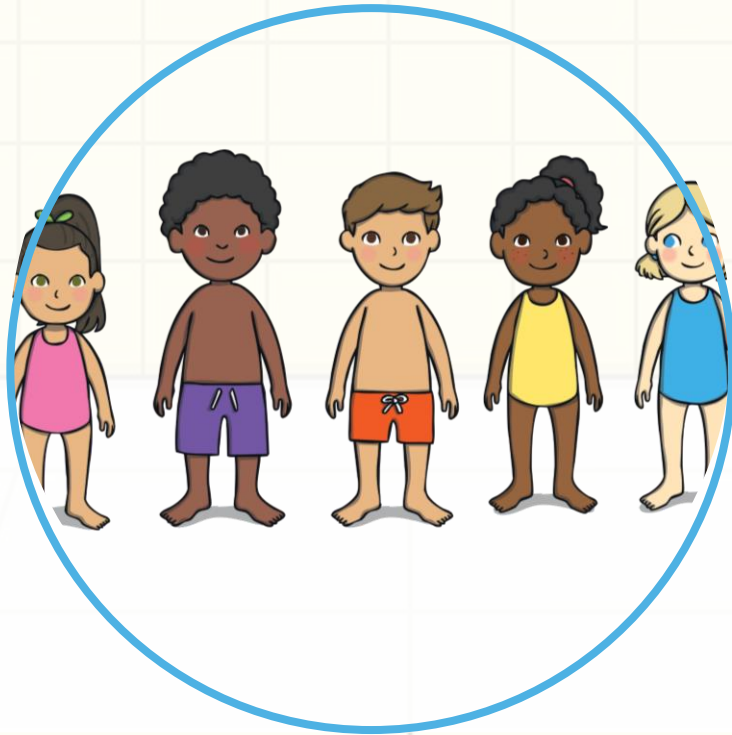


I will go to swimming lessons every Thursday afternoon with my adults and my friends.

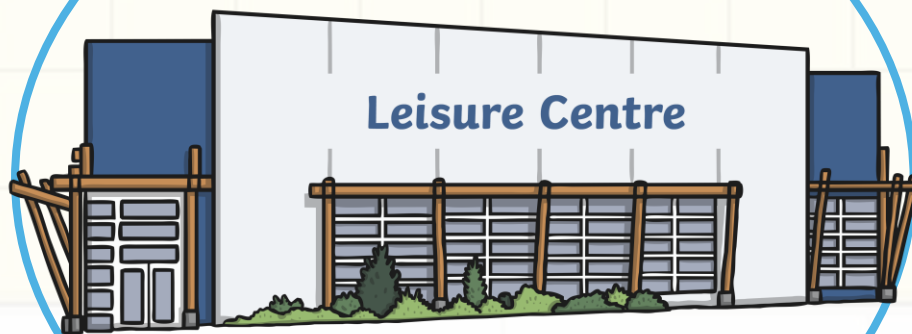


We will walk to the swimming pool
and follow the adult's instructions
with thought and care when walking
and crossing the road

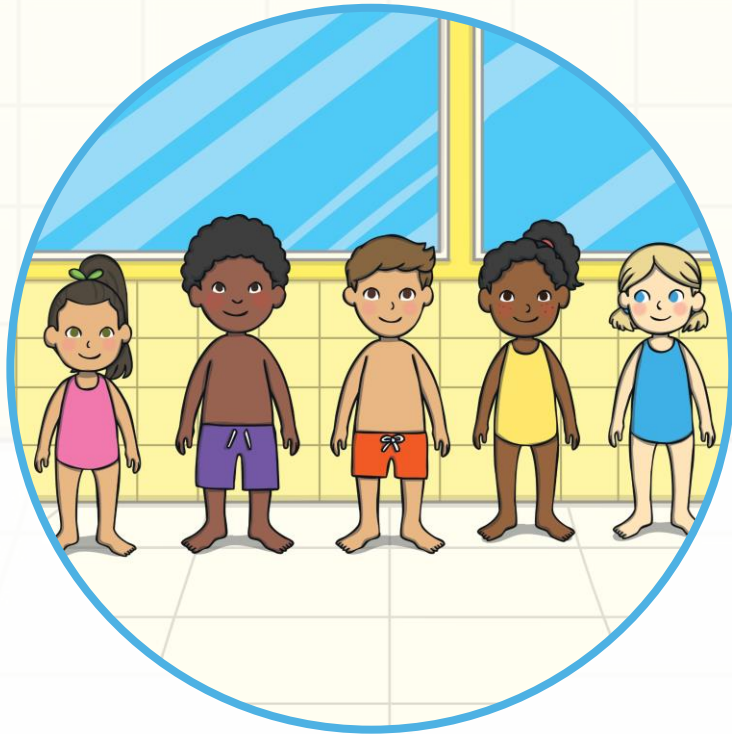
I need to change into my swimming costume when I enter the changing room.



When we get to the swimming pool, I must stay with my adults and my friends and await instructions from my swimming teacher.



When I am inside the leisure centre, I must wait with my friends for my turn to go into the pool.



I must not run along the swimming pool.



I must not try to get into the pool before
it is my turn.



When it is my turn, I must sit at the side of the swimming pool and listen to the instructors.



When I am having my swimming lesson, I must listen to the swimming instructors to keep me safe.



I must not swim away from the instructors.



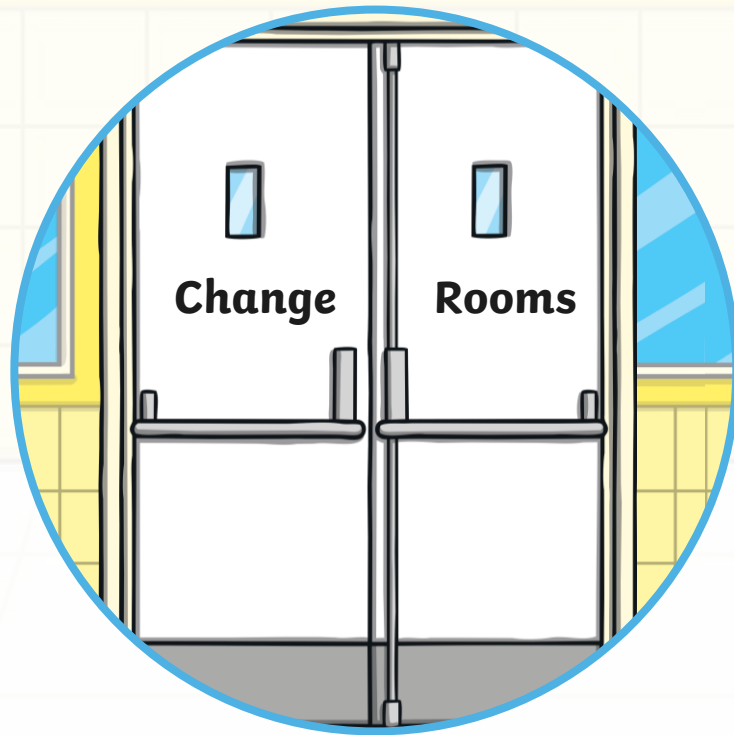
I must not get out of the swimming pool before my teacher says it is OK.



When my lesson is over, I must get out of the pool and await instructions from my adults.



I will follow my teacher and my friends to the change rooms to get changed back into my school uniform quickly.



I will get dressed into my school uniform.



I will use a towel to dry myself and place my swimming costume, towel and swimming goggles in my bag.



I will wait with my friends until my adult says it is time to leave.



I will line up with my friends and wait to walk back to school safely.

When we get back to school, I will follow my teacher and my friends back to class.



