



Dragon's Roar- March - 08/05/26

Dear Parents and Carers,

As we head into another busy and exciting week at school, we would like to take a moment to wish all of our Year 6 children the very best of luck with their SATs next week. We are incredibly proud of the hard work, determination and positive attitude they have shown in preparing for these assessments. Their resilience and effort have been wonderful to see, and we know they will all do their very best.

Please read this edition carefully as it details some up and coming events as well as some key dates for everyone at the bottom. Thank you, as always, for your continued support. We hope you enjoy reading about all the wonderful things taking place across our school community.

Warm regards,

Mr Cresswell and Mrs King

In this week's edition...

- Walk to School Week
- Wedding Bells
- Shining Out of School!
- Musical Showcase!
- Update from Friends of KPNS
- Thank you Moore's Nurseries!
- Free School Meals and Universal Credit: Important Information for Families
- Safeguarding Tips for Parents
- Family Hub Highlights for Local Families
- Dates for your diary!

The Keyworth Code







Walk to School Week!

In partnership with the School Council, the Friends of KPNS are excited to launch a sponsored event to help raise funds for our new trim trail.

During the week beginning 18th May, we are inviting all pupils to walk, cycle, or scoot to school.

Children can use the 'Walk to School Week Tracker' to record their efforts and collect their sponsorship.

There will also be a range of prizes available for pupils to win throughout the week - so get involved and help support this fantastic cause! Please see the video below for some more information from some of our school council. All entries in by **Monday 1st of June. Thank you!**



A message from the School Council for Walk to School Week.

Embed://<iframe src="https://equalstrust-my.sharepoint.com/personal/gemma_king_keyworth_notts_sch_uk/_layouts/15/embed.aspx?UniqueId=fb9d3732-3898-4f63-977a-8ece9f39f44d&embed=%7B%22ust%22%3Atrue%2C%22hv%22%3A%22CopyEmbedCode%22%7D&referrer=StreamWebApp&referrerScenario=EmbedDialog.Create" width="640" height="360" frameborder="0" scrolling="no" allowfullscreen title="MZTJ2047.MOV"></iframe>

Wedding Bells!

We are delighted to share some wonderful news with our school community - Miss Rayns will very soon become Mrs Trussell!

We're sure you will all join us in sending her our warmest congratulations and very best wishes as she prepares for her wedding day. This is such an exciting time, and we hope it brings much joy, happiness, and special memories.

Congratulations, Miss Rayns - we wish you every happiness in this new chapter!

Shining Out of School!

We love hearing about our pupils' achievements out of school. One of our Year 5 pupils recently took part in a dance show, performing in front of hundreds of people. We love how much her confidence shines. We are proud of you!

And one of our Year 2 pupils bravely took part in a gymnastics competition- What a star!







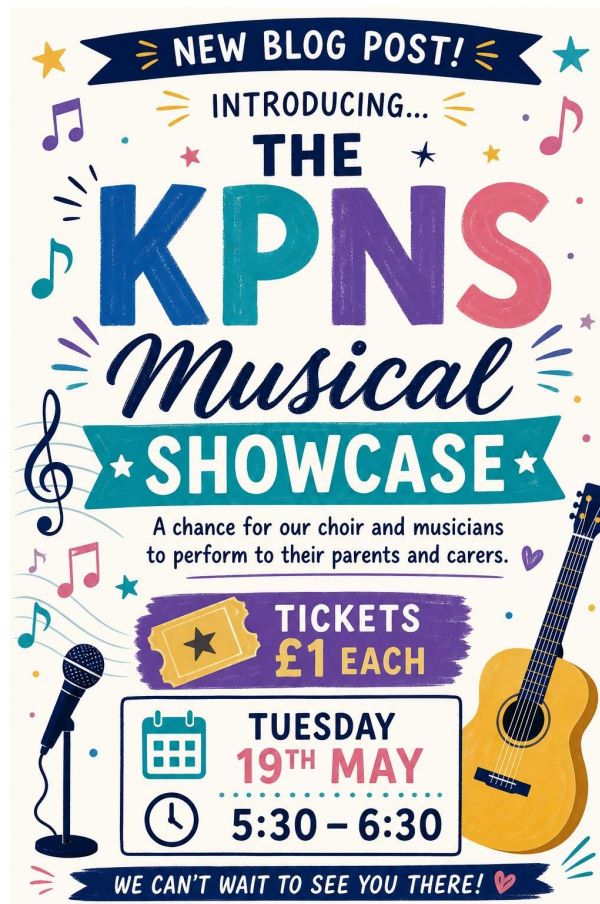
Musical Showcase!

We are delighted to invite you to our Annual KPNS Musical Showcase, a wonderful opportunity for our children to share their musical talents with parents and carers.

Our choir has been busy rehearsing a range of songs, and pupils from across the school have been practising their instruments in preparation for this special event. Their dedication and enthusiasm have already made us incredibly proud.

If your child is performing, you will receive notification this week.

We would love for you to join us in celebrating their hard work and achievements. Tickets are available for £1 each-please book via Arbor.



Here is an update from the Friends of KPNS:



shutterstock - 232490611

- If you would like to offer your support to school on a more regular basis, check out our school lottery page. You can win some great prizes whilst supporting our school! [Our School Lottery- Buy your tickets here! - Keyworth Primary & Nursery School](#)
- This year we are replacing our annual Summer Fair with a Summer Festival! It will take place on Saturday 13th of June 10-3pm and promises to be a fun and exciting day for the whole family. **Put it in your diaries!!**
- In partnership with the School Council, we are holding a sponsored walk, scoot or ride to school week to raise funds for a new Trim Trail. We will send out more information over the next couple of weeks. See above!

- The Friends of KPNS have arranged something nice for parents! Book onto a Pilates Class hosted by Rise, your local pilates group. See leaflet and make your booking.



NATIONAL WALK TO SCHOOL WEEK

18TH MAY

Raising funds for a **TRIM TRAIL** for our school!


WALK, BIKE, SCOOT TO SCHOOL FOR THE WEEK!

AMAZING PRIZES!

 <p>TOP FUNDRAISER Fantastic prize for our top fundraiser!</p>	 <p>SUPER EFFORT AWARD Recognising amazing effort and determination!</p>	 <p>MOST ACTIVE Awarded to the most active individual!</p>	 <p>WINNING CLASS PRIZE A fantastic prize for the class with the most points raised!</p>
--	--	--	---

LET'S WALK, RIDE AND SCOOT OUR WAY TO A HEALTHIER, HAPPIER SCHOOL!

Every step, every ride, every scooter makes a difference!




KEYWORTH
PRIMARY AND NURSERY SCHOOL
Growing together, learning for life

PILATES CLASS

for anyone and everyone

20TH MAY | **7-8PM**



ALL MATS AND EQUIPMENT PROVIDED - JUST BRING YOURSELF!

£6 PER PERSON | Book on Arbor by 19th May

HOSTED BY **Rise** YOUR LOCAL PILATES GROUP

Take time for you. Move, breathe, feel good.

Thank You Moore's Nurseries

After noticing on Spotted Keyworth that we are trying to enhance the non-fiction section of our school library, Victoria and Jennifer from Moore's Nurseries got in contact and have kindly donated these beautiful books to school. As a school we get lots of support from Moore's and on behalf of the pupils and staff here at KPNS, we thank them warmly.



Free School Meals and Universal Credit: Important Information for Families

From September 2026, the government plans to expand eligibility for Free School Meals (FSM) so that all households receiving Universal Credit will qualify. The current earnings cap of £7,400 a year will be removed.

This change is expected to make more than half a million additional pupils eligible nationally and could save families around £495 per child each year in school lunch costs.

There is one particularly important point for families to understand:

Even if your child already receives Universal Infant Free School Meals in Reception, Year 1 or Year 2, parents and carers must still formally apply for Free School Meals through the local authority.

This registration is very important because it can help schools secure additional funding through the Pupil Premium system. That funding supports extra teaching, pastoral care, interventions and wider opportunities for pupils.

Although FSM eligibility is expanding, not all newly eligible pupils will automatically attract Pupil Premium funding, so completing the application process remains essential.

If you receive Universal Credit, we encourage you to check your eligibility and apply when the new arrangements begin.

Further guidance will be shared with families as more information becomes available.

You can read more here: <https://educationhub.blog.gov.uk/2025/06/expanding-free-school-meals-what-parents-need-to-know/>

Safeguarding Tips for Parents

Group Chats, Messaging Apps and Staying Safe Online

Many children now use group chats and messaging apps to stay in touch with friends. While these can be positive ways to communicate, they can also lead to worries such as arguments, rumours, exclusion, peer pressure or upsetting content being shared quickly between children.

It is important to remember that many popular apps, including **WhatsApp, Snapchat and TikTok**, have a **minimum age rating of 13+**.

You can help by:

- **Talking regularly** about who your child chats with online and how group chats are being used.
- **Checking devices openly and supportively**, including messages, group names and privacy settings.
- **Being aware of “secret” chats or groups**, where children may feel pressure to hide conversations from adults.
- **Reminding children that they should never feel pressured to join in**, reply immediately, or keep upsetting conversations secret.
- **Encouraging children to speak up** if something online makes them uncomfortable or worried.

Children are safest when they know trusted adults will listen calmly and help.

For further advice, visit:

- NSPCC Online Safety: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- UK Safer Internet Centre: <https://saferinternet.org.uk/>

Regular, calm conversations help children develop safe and healthy online habits.

Family Hub Highlights for Local Families

Family Hub Support for Keyworth Families

From 8 May 2026

The Rushcliffe Family Hub offers free, joined-up support for parents and carers. Families can ask for help early — whether you have a quick question, need reassurance, or would benefit from more regular support.

1. Local support in Keyworth

Family Hub Drop-In and Baby Self-Weigh – Keyworth Health Centre

- Monday 11 May
- Monday 8 June
- Monday 13 July
- 1.30–2.30pm

This is a local opportunity to speak with Family Hub staff about everyday concerns such as feeding, sleep, behaviour, routines, child development or family wellbeing.

2. General support for families

Family Hubs support families from pregnancy through to age **19**, or up to **25 for young people with SEND**.

They can help with:

- child development and communication
- behaviour, routines and sleep
- feeding, weaning and breastfeeding
- emotional wellbeing
- parenting confidence and courses
- SEND support and signposting
- relationships, finances, housing and wider family wellbeing
- volunteering and employment support

Families can also use the **Virtual Family Hub** to find information and local services online:

<https://www.yournottsdirectory.org.uk/>**3. Support available nearby**

Many Keyworth families also access sessions in nearby areas.

Under 5s Stay & Play – East Leake

- Tuesdays, term time
- 9.45–11.00am

- Lantern Lane School, East Leake, LE12 6QN

Under 1s Group – Bingham Family Hub

- Tuesdays, term time
- 10.00–11.30am
- Bingham Family Hub, Eaton Place, Bingham, NG13 8BE

Under 5s Stay & Play – Bingham Family Hub

- Thursdays, term time
- 10.00–11.30am
- Bingham Family Hub

B.A.B.E.S Breastfeeding Support

- East Leake – Tuesdays, 9.45–11.00am
- Bingham – Thursdays, 10.00–11.30am
- West Bridgford – Wednesdays, 1.30–2.30pm

Self-Weigh Sessions

- Bingham Family Hub – Monday to Friday, 9.30am–3.30pm
- West Bridgford Young People’s Centre – Wednesdays, 1.00–3.00pm
- East Leake Health Centre – Friday 15 May, 26 June and 24 July, 10.00–11.00am

Family Walk and Activities


Family Community Walk, Park Activities and Picnic in the Park

- Wednesday 27 May
- 11.00am
- Meet at Cotgrave Precinct Centre
- Walk to Grasmere Park for activities and a free picnic

Children under 18 must be accompanied by an adult. Please dress for the weather.

To book a place, email: hannah@yourcvsnotts.org

Contact the Rushcliffe Family Hub

 0115 977 3749

 FHRushcliffe@nottsc.gov.uk

 <https://www.nottinghamshire.gov.uk/care/family-hub-networks>

 Search **Family Hub Network – Rushcliffe** on Facebook

Please check details before travelling, as sessions can sometimes change.

Dates for your Diary



Monday 11th May- Y6 SATs Week

Tuesday 19th May- KPNS Musical Showcase

Wednesday 20th May- EYFS Story Cafe

Monday 25th May- Friday 29th of May-HALF TERM

Monday 1st June- Back to School

Tuesday 2nd June- Y2 Library Visit

Friday 5th June- Y6 Bikeability session start

Monday 8th June- Y5 Library Visit

Wednesday 10th-12th June- Y6 Residential to The Mill

Saturday 13th June- KPNS Summer Festival (Summer Fair)

Monday 15th- 19th June- Healthy Living and Sports Week (Children in PE Kit all week)

Friday 19th June- Sports Day (9:15- 11:30ish) for Years 1-6

Monday 22nd June- INSET DAY (School closed to pupils)

Tuesday 23rd June- Class Photos

Click on the link for school holiday dates for the next academic year: [Keyworth Primary and Nursery School - Term Dates](#)

A quick update to let you know that all INSET days for the 2025-26 academic year are now on the school calendar and can also be found in the [School Holiday](#) section on the website.